

PERSONAL DETAILS

Mr Mrs Master Miss Ms Dr Prof Other **Date of Birth:** ____/____/____

First Name: _____ **Known As:** _____ **Surname:** _____

Address: _____

Suburb: _____ **Postcode:** _____

Email: _____

Telephone Numbers:

Mobile: _____ Home: _____ Work: _____

Emergency Contact Details (eg NOK, POA): Name: _____

Contact number: _____ Relationship to you: _____

Parent's details if patient is a minor (required for Medicare):

Name: _____ Date of Birth: ____/____/____

Medicare Number: _____ Ref No: _____ Exp Date: ____/____

CLAIM DETAILS

Medicare Number: _____ **Ref No:** _____ **Exp Date:** ____/____

Private Health Insurance: Yes No With Hospital Cover: Yes No

Fund Name: _____ Member Number: _____

Dept. Veterans Affairs Card No: _____ White Gold

WorkCover (If applicable) Claim No: _____ Insurer: _____

Date of Injury: ____/____/____ Employer: _____

Employer's Address: _____

ICWA (Motor Vehicle) (If applicable) Date of Accident: _____ Claim Number: _____

Usual GP Name: _____

GP Practice details: _____

Physio/Podiatrist details: _____

Cardiologist/Rheumatologist/Other Specialist: _____

AUTHORISATION AND CONSENT TO PHOTOGRAPHY/VIDEO

I, _____ hereby consent to photographs of me being taken by Dr Simon Zilko.

Dr Simon Zilko at all times respects patients' right to privacy and informed consent for procedures within the Practice, including photographic records. I understand that these photographs form an essential part of my medical record as well as my pre-operative and post-operative assessment. I understand and consent to my photographs being used by Dr Simon Zilko for medical research, teaching and/or patient education purposes. I understand that I will not be identified by name in any such use of these photographs, however in some circumstances the photographs may portray features that shall make my identity recognisable.

I have read all of the above and all my questions have been answered.

Signature: _____ **Date:** ____/____/____

HEALTH RECORDS ACT 2001 COLLECTION STATEMENT

Dr Simon Zilko is collecting your health information in order to provide you with health services. Please read and sign to give approval for this information to be collected and stored. Your medical information will be used exclusively for providing health care in the following way:

- To gain a history, diagnose disease and provide treatment where necessary;
- Administrative purposes in running this Practice, which may also include confirmation of your appointment.
- Writing reports to your Doctor, other Doctors and/or Allied Health care providers involved in the provision of healthcare, and the storing of reports provided to this Practice by other Doctors or Medical Specialists; and
- Billing and collection purposes, including but not limited to compliance with Private Health Fund, Medicare and Health Insurance Commission requirements. You may gain access to your health information by writing to us. If you do not consent to providing us with your health information we may be unable to provide you with health services.

I consent to Dr Simon Zilko collecting my health information.

I consent to Dr Simon Zilko's Practice communicating with me via the above provided email address, phone numbers and/or mailing address, including receiving confidential clinical correspondence. I give permission for Dr Simon Zilko or his staff to contact me by email, SMS, mail and/or telephone, and if necessary leave a message. I consent to Dr Simon Zilko using AI-assisted note taking software (Heidi/Lyrebird) to formulate clinical notes and correspondence. I understand that no audio recording of the consultation is ever stored, and I can obtain further information from the practice on request.

Signature: _____ **Date:** ____/____/____

REFERRAL SOURCE

How did you hear about Dr Simon Zilko? Referred by: GP Specialist Physio Podiatrist

Australian Orthopaedic Association website Royal Australasian College of Surgeons website

Google Personal Recommendation: _____

Other: _____

ALL CONSULTATIONS ARE PAYABLE AT THE TIME OF SERVICE.

Unfortunately, we do not bulk bill, however for your convenience we can accept EFTPOS, Visa, MasterCard, cheque and cash (exact amount only).

FINANCIAL INFORMATION & CONSENT

Dr Zilko aims to provide a premium quality service in a transparent financial manner. This information & consent sheet aims to assist you in identifying the costs that may be involved in your care, as medical fees in the private healthcare sector are ultimately your responsibility. If you are in doubt, you should always check with your insurer to work out if, and for how much, you are covered for medical services so you can decide if you can afford the treatment involved. Medical and surgical fees are greater than the rebate provided by Medicare or your health insurer, and you will need to pay the difference between the rebated amount and the medical fees (this difference is known as a “gap”).

Outpatient Clinic Appointments (for each new referral/problem)

The following consultation fees will apply:

- \$250 for an initial appointment/new referral (GP/Specialist referred Medicare patients will get \$84.15 back)
- \$350 for an extended initial appointment or a second opinion (GP/Specialist referred Medicare patients will get \$84.15 back)
- \$150 for follow-up & subsequent appointments, including video or phone telehealth consultations (GP-referred Medicare patients get \$42.30 back)
- \$100 for post-surgery follow-up appointments within 12 months of surgery, including video or phone telehealth consultations (GP-referred Medicare patients get \$42.30 back)

The above fees are payable for appointments that you do not attend or that are cancelled within 24 hours of the appointment time. If you are late for an appointment, we cannot guarantee that Dr Zilko will be able to see you and the above fees still apply. Please note that WorkCover and ICWA insurers do not cover cancellation/late attendance fees, which are your responsibility. Medicare will also not make any contribution to a non-attendance fee, and you will be liable for the full fee if you don't attend.

Your first clinic appointment following an operation is included in the surgical fee, but normal fees usually apply from six weeks post-operatively.

Surgical Procedures

For operations, Dr Zilko's fees are based on those recommended by the Australian Medical Association and is not a preferred provider for any health fund. Medicare and private health only rebate a portion of surgical fees, and the gap must be paid before the surgery. We will provide a written quote with the estimated gap prior to your operation. If the procedure turns out to be considerably less or more involved than originally anticipated, the actual gap may be different from the quoted gap (this is uncommon). During operations, implants such as joint replacements, plates and screws, or suture anchors are usually fully covered by your insurer, but if you are an uninsured patient these implants will be charged to you.

Anaesthetists: Dr Zilko's anaesthetists charge a gap for surgery (excluding Workcover, ICWA or Veterans' Affairs patients). We can let you know who your anaesthetist is once a date for surgery is scheduled and you should obtain a quote from their office.

Surgical assistants: Dr Zilko's assistant doctors will rarely charge you a gap, and will usually bill your insurer directly. If there is no rebate available from the insurance company for their services, they will bill you directly in which case there is no rebate available for this fee and it is your responsibility.

Other Services

Other Doctors: whilst in hospital it occasionally becomes necessary to ask other medical practitioners to be involved in your care (eg physician, infectious diseases, urologist etc). These doctors set their own fees and should let you know if a gap is payable, although Dr Zilko has no control over this.

Therapy and Rehabilitation: podiatry and physiotherapy may be an important part of your treatment. For privately insured patients, often your extras insurance will cover a portion of these fees, but there is usually a gap.

Orthotic Devices & Splints: many operations performed by Dr Zilko require the use of a walking boot, post-operative surgical shoe and/or splint. Dr Zilko will determine the type of device required for your operation, and will usually supply and fit it as required. The costs for orthotic devices/splints are:

- Surgical shoe - \$50
- VACOCast boot - \$250 (*Health fund extras provides ~40-80% back*)
- VACOped Achilles boot - \$385 (*Health fund extras provides ~40-80% back*)
- VACOTALUS brace - \$150 (*Health fund extras provides ~40-80% back*)
- Even-up shoe raise - \$35
- Bunion Sleeve - \$38
- Budin Toe Splint - \$12-15

Depending on your level of extras cover, you will usually receive 40-80% back on the cost of the boots/braces. Please note that boots/braces purchased independently are usually *not* eligible for any health fund rebates as they are not an orthotic device prescribed by Dr Zilko, and second-hand boots are strictly not allowed due to infection control risks. If you require a plaster to be applied in the post-operative period, an orthotist or physiotherapist will do this and they usually charge a fee. *A complete list of available products with pricing is available in the rooms and on request.*

Medical Imaging: you may require X-rays, ultrasounds, CT or MRI scans, injections or other imaging techniques. The radiology clinics can provide you with details of the costs, but most imaging services are not fully rebated. You may wish to call different radiology companies to obtain costs for any tests Dr Zilko orders. During some operations, including all total ankle joint replacements, X-rays are taken intra-operatively and you may be charged a gap by the radiology company.

Forms & Reports: Dr Zilko is happy to assist you with the completion of insurance and other forms if requested, though a fee for this service is payable upfront. The fee varies depending on the complexity of the documentation and the time taken to complete it. A quote can be provided.

WorkCover / Insurance Commission of Western Australia / Veterans' Affairs

Dr Zilko accepts payment from these organisations for your treatment, including clinic and surgical fees. The same should apply to hospital fees and the fees of other health providers, although you should check this with individual providers if in doubt. The costs of X-rays, other medical imaging, and orthotic devices, splints and dressings are normally fully covered.

If you have an approved workers compensation or motor vehicle claim then your medical expenses should be fully covered, but in the event that your insurer refuses to pay any of Dr Zilko's fees, then ultimately they are your responsibility.

Please note Dr Zilko does not perform case conferences, complete WorkCover WA medical certificates, return to work and/or other reports.

I CONFIRM THAT I HAVE READ AND ACCEPT THIS FINANCIAL CONSENT:

Patient Name: _____

Signature: _____

Date: _____

Information accurate as at November 2024

Please Note: All of the above fees are subject to change.

If we enlist the services of a debt collector to recover unpaid fees, a 16.5% surcharge will be applicable to cover the debt collectors' costs.

MEDICAL QUESTIONNAIRE – Private & Confidential

Please answer these questions fully or discuss them with Dr Zilko. Information about your medical history is for Dr Zilko only, and is important in planning any treatment.

Occupation: _____ Shoes worn at work (eg steel caps): _____

Have you ever had **surgery on your foot or ankle?** Yes No

If so, please list operations, date of surgery and surgeon: _____

Where have you had X-rays, CT, MRI, ultrasound, injections or other imaging of your foot/ankle?

SKG	Perth Rad Clinic	Western Rad	Capital Rad	Envision	I-Med/Geraldton
DAB Rad	Prime Rad	My Rad	Apex/Global	HIS/Lumus Imaging	
Canning Vale Rad	Great Southern Rad	Qscan	Other: _____		

Have you ever had any of the following **medical conditions**:

Diabetes: Type 1 Type 2
Management: Diet only Tablets Insulin
Last HbA1c %: _____ **Date:** _____

Blood clots:
 Deep Vein Thrombosis/DVT Year/s: _____
 Pulmonary Embolus/PE Year/s: _____

Inflammatory arthritis:
 Rheumatoid arthritis
 Ankylosing spondylitis
 Psoriatic arthritis
 Other: _____

Osteoporosis/osteopaenia (↓bone density)
 Heart attack
 Heart disease (eg AF, coronary artery disease/stent/CABG etc)
 Stroke (CVA/TIA)
 Neurological condition: _____
 Lung disease (eg sleep apnoea, asthma, COPD, CPAP etc)
 Liver disease/failure
 Peripheral Neuropathy
 Hepatitis Hepatitis C HIV
 Cancer – type & treatment: _____

Pain issues:
 Chronic pain
 Complex regional pain syndrome (CRPS)
 Fibromyalgia

Other major medical conditions:

Mental health:
 Anxiety
 Depression
 Other mental health conditions:

Height: _____ **Weight:** _____

Are you on any **GLP-1 agonists?** (weight-loss or diabetes medication)

Ozempic	Wegovy	Trulicity	Bydureon	Victoza
Byetta	Saxenda	Mounjaro	Semaglutide	Other: _____

Are you on any **blood thinning medications?**

Aspirin	Warfarin (Coumadin)	Clopidogrel (Plavix)	Other: _____
Rivaroxaban (Xarelto)	Apixaban (Eliquis)	Clexane/Heparin injections	

Do you take any **immune-suppressing drugs**, such as steroids or rheumatoid drugs?

If so, please list medications & doses: _____

Allergies: _____

Do you **smoke?** Yes No Do you **drink alcohol?** Yes No

Cigarettes – average # per day: _____ Average drinks per day: _____

Vape: Yes No History of alcohol abuse: _____

Patient Name: _____ Signature: _____ Date: ____/____/____